

North West Rheumatology Club Spring Meeting 2026

Friday 15 May 2026

Doubletree by Hilton Chester, CH2 3PD

Host: University Hospitals of Morecambe Bay NHS Foundation Trust

Organising committee:

Dr Audrey Low, Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust

Dr Jennifer Nixon, TPD Mersey Deanery, Countess of Chester Hospital NHS Foundation Trust

Afternoon scientific meeting

13:30 – 14:00	Poster viewing & judging I / registration for scientific session <i>(poster presenters to stand beside posters at 1330-1400)</i>
14:00 – 14:15	Welcome and housekeeping PM – Dr Audrey Low & Dr Jenny Nixon
14:15 – 15:05	Oral presentations
15:05 – 15:45	Coffee break / Poster viewing & judging II <i>(poster presenters to stand beside posters at 1505-1545)</i>
15:45 – 15:50	Judges' final deliberations <i>(poster presenters to remove posters from boards)</i>
15:50 – 16:20	Interactive case presentations (audience vote using sli.do)
16:30 – 17:15	Guest speaker – Professor Marwan Bukhari <i>"Osteoporosis research in Morecambe Bay- the story so far"</i>
17:15 – 17:45	Business meeting (incl BSR regional update) & presentation of prizes
18:00	Drinks followed by dinner

Learning objectives

1. To identify key areas of research and up to date clinical evidence in rheumatology.
2. To review and debate the management of specific rheumatic disorders through interactive cases and poster presentations.

This meeting is sponsored by Vifor Pharma UK and Eli Lilly

Speaker biography

Marwan Bukhari (MBBS, MSc, MAcadMedEd, FRCP, PhD) is a consultant rheumatologist and honorary clinical professor at University Hospitals of Morecambe Bay NHS Trust. His clinical base is at the Royal Lancaster Infirmary. Professor Bukhari trained in rheumatology and epidemiology in Manchester. His research interests include inflammatory arthritis and quality of life in patients with arthritis and osteoporosis. He is director of undergraduate and postgraduate medical education and specialist foundation tutor. He is the northern regional advisor for the National Rheumatoid Arthritis patient society. He is chair of the Research and Registries committee at the British Society for Rheumatology. He is also the rheumatology and MSK lead for Pears Cumbria School of Medicine and the vice chair of Medical Education leaders UK (formerly NACT)

Oral presentations 1415 – 1505 (8mins + 2mins questions)

1415-1425

Deprivation indices and their association with fragility fractures and bone density: evidence from a large observational cohort

Hamzah Amin¹, Muhammed Aqib Khan¹, Marwan Bukhari^{1,2}

1.Lancaster University, United Kingdom

2.Royal Lancaster Infirmary, United Kingdom

Job title: Final year medical student

1425-1435

To assess and compare the performance of Southend GCA Probability Score (GCAPS), Colour Doppler Ultrasound (CDUS) Halo Count and Halo Score to predict a final diagnosis of Giant Cell Arteritis (GCA) in a UK Fast Track Clinic

Annie Cheung¹, A Cheema², T Chong³, Q Akram⁴

1.Tameside and Glossop Integrated Care NHS Foundation Trust

2.Manchester Royal Infirmary

3.Singapore General Hospital

4.Stockport NHS Foundation Trust

Job title: Consultant Rheumatologist

1435-1445

Setting up a Young Persons Rheumatology Clinic. Sharing our learning

Elizabeth MacPhie¹, E Heaf²

1. Lancashire and South Cumbria NHS Foundation Trust

2. Lancashire Teaching Hospitals NHS Foundation Trust

Job title: Consultant rheumatologist

This meeting is sponsored by Vifor Pharma UK and Eli Lilly

1450-1455

Unsupervised Clustering Identifies Distinct Social Factor Profiles Across Rheumatoid Arthritis Disease Stages

Yvonne Tan^{1, 2}, Matthew Parkes^{2,3}, Darren Plant^{1,2}, Maya H Buch^{1,2}

1. Centre for Musculoskeletal Research, Division of Musculoskeletal & Dermatological Sciences, University of Manchester, Manchester, UK

2. NIHR Manchester Biomedical Research Centre, Manchester University NHS Foundation Trust, Manchester, UK

3. Centre for Biostatistics, Division of Population Health, Health Services Research & Primary Care, School of Health Sciences, The University of Manchester, Manchester, UK

Job title: ST6 rheumatology specialist registrar

1455-1505

Single-cell analysis of peripheral blood mononuclear cells identifies immune signatures at different stages of active rheumatoid arthritis

Yvonne Tan^{1, 2}, Tejal Bhatt³, Megan Sutcliffe¹, Emma Sutton⁴, Ash Maroof⁴, Sean Mason⁴, John Fitton³, Paul Emery^{3,5}, Darren Plant^{1,2}, Maya H Buch^{1,2,3}

1. Centre for Musculoskeletal Research, Division of Musculoskeletal & Dermatological Sciences, University of Manchester, Manchester, UK

2. NIHR Manchester Biomedical Research Centre, Manchester University NHS Foundation Trust, Manchester, UK

3. Leeds Institute of Rheumatic & Musculoskeletal Medicine, Faculty of Medicine & Health, University of Leeds, Leeds, UK

4. UCB Pharma, 216 Bath Road, Slough, SL1 3WE, UK.

5. NIHR Leeds Biomedical Research Centre, Leeds Teaching Hospitals NHS Trust, Leeds, UK

Job title: ST6 rheumatology specialist registrar

Interactive case presentations 1550 - 1620

(8 mins + 2mins questions)

1550-1600

From recurrent leg ulcers to mononeuritis multiplex

Alicia Kwan Su Huey¹, Farida Aliyu², David Gosal², Qasim Akram³

1. Wythenshawe Hospital, Manchester University NHS Foundation Trust, Manchester, UK

2. Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust, Salford, UK

3. Stepping Hill Hospital, Stockport NHS Foundation Trust, Stockport, UK

Job title: IMT1 trainee

This meeting is sponsored by Vifor Pharma UK and Eli Lilly

1600-1610**When inflammatory disease isn't what it seems: a multi system diagnostic mimic**

Jaspreet Aulakh, R Downey, J Christie

Liverpool University Hospitals Foundation Trust

Job title: Senior clinical fellow

1610-1620**Not all that glistens is arteritis**

Meena Naja, G Nowell, L Waters, E Bruce

Manchester University NHS Foundation Trust

Job title: ST6 rheumatology specialist registrar

Guest speaker 1630– 1730

Professor Marwan Bukhari

Poster presentations

(Poster judging between 1340-1400 and 1505-1545)

	Title & Authors Key: <u>Presenting author</u>
1.	Unmasking DADA2 in late adulthood: a case report of a 53-year-old woman <u>Singh JK</u> , Pereira-Garcez T, Athwal V, Popescu S, Haque S Manchester University NHS Foundation Trust, Manchester Job title: ST6 rheumatology specialist trainee
2.	Back pain, night sweats and a murmur. <u>Aulakh J</u> , Dubois C Liverpool University Hospitals Foundation Trust Job title: Senior clinical fellow

This meeting is sponsored by Vifor Pharma UK and Eli Lilly

3.	When myositis mimics MND: disproportionate bulbar dysfunction in anti-PM/Scl disease <u>Kwan A</u>, Haque S Wythenshawe Hospital, Manchester University NHS Foundation Trust, Manchester, UK Job title: IMT1 trainee
4.	The importance of reliable information in medicine: a case of internet misinformation Tallentire J¹, <u>Premdayal A</u>², Wood F², Sharp C³, Brix S⁴ ¹Lancaster Medical School, Lancaster ²Furness General Hospital, University Hospitals of Morecambe Bay NHS Foundation Trust ³Manchester Royal Infirmary, Manchester University Hospitals NHS Foundation Trust; University of Manchester; ⁴Manchester Royal Infirmary, Manchester University Hospitals NHS Foundation Trust; University of Manchester; NIHR Job title: ST4 rheumatology specialist trainee
5.	A Rash Decision: Unravelling a Mysterious Multi-systemic Illness <u>Khatoon N</u>, Gall S, Putchakayala K, Chadwick L Leighton Hospital – Mid Cheshire Hospitals NHS Foundation Trust Job title: IMT1 trainee
6.	A novel case of unexplained disruption of liver function with Secukinumab (interleukin-17A inhibitor) to treat Ankylosing Spondylitis <u>Lakha A</u>, Sheli N Betsi Cadwaladr University Local Health board, Wrexham Hospital Job title: Medical student