**NORTH WEST RHEUMATOLOGY CLUB**  
Spring meeting – Friday 15 May 2015  
Llyndir Hall Hotel & Spa, Llyndir Lane, Rossett, Nr Wrexham LL12 0AY

**Host:** Dr Zoe McLaren  
**Secretary:** Dr S Vasireddy

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### PROGRAMME

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<th>Time</th>
<th>Session</th>
<th>Authors</th>
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<tr>
<td>2.00 - 2.30 pm</td>
<td>Registration and Poster viewing</td>
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<td>2.30</td>
<td><strong>ORAL PRESENTATIONS</strong></td>
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</table>
| 2.30     | 1. Title: Automatically extracted quantitative biomarkers for assessing connective tissue disease using nailfold capillaroscopy  
Authors: M Berks, G Dinsdale, A K Murray, T Moore, C J Taylor and A L Herrick. Centre for Imaging Science; Centre for Musculoskeletal Research, University of Manchester, UK |
| 2.45     | 2. Title: Positive impact of Dolgellau Community Hospital Healthy Hearts Programme on cardiovascular risk in patients with rheumatoid arthritis: 1-year results  
Authors: Anne Thomas, Sharon Jones and Sarang Chitale. Dolgellau Community Hospital, BCUHB; Peter Maddison Rheumatology Centre, BCUHB. |
| 3.00     | 3. Title: “Treat-to-target” treatment fails to restore either body composition or objectively assessed physical function in rheumatoid arthritis patients  
Authors: Andrew Bruce Lemmey, Rebecca Jane Clayton, Thomas James Wilkinson, Fazal Sheikh, Yasmeen Ahmad, John Whale, Hope Jones, Sarang Chitale, Jerry Jones, Peter Maddison, Thomas Daniel O’Brien. School of Sport, Health and Exercise Sciences, Bangor University; Peter Maddison Rheumatology Center, Llandudno Hospital, Betsi Cadwaladr University Health Board, Wales. |
| 3.15     | 4. Title: Critical digital ischaemia in systemic sclerosis  
Authors: CA Sharp, Q Akram, M Hughes, AL Herrick. Salford Royal Foundation Trust, Salford |
| 3.30     | 5. Title: Male smokers have delayed response to anti-TNF therapy in ankylosing spondylitis  
Authors: Sizheng Zhao, Benjamin Challoner, Mohamed Khattack, Nicola Goodson. Department of Rheumatology, Aintree University Hospital, School of Medical Education, University of Liverpool, Liverpool |
| 3.45     | 6. Title: Evaluation of the Fibromyalgia Education Group at the Minerva Health Centre  
Authors: Samuel Naylor, Elizabeth MacPhie. University of Manchester, Manchester; Lancashire Care NHS Foundation Trust, Preston |
| 4.00     | **Poster viewing & Refreshments** |                                                                                                   |
| 5.00     | **Business meeting & prizes**     | (including announcement of the winners of the Mike Chalk and Lennox Holt Trophies)                  |
| 5.15     | **Presentations from the Wrexham Maelor Hospital** | Cases from the DGH – Have you seen this before?  
Dr Z McLaren and team |

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<th>Time</th>
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<tr>
<td>6.00pm</td>
<td>GUEST SPEAKER:</td>
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<td>Dr Steve Stanaway</td>
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<td>Consultant Physician &amp; Endocrinologist, and Clinical Director</td>
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<td>Medicine &amp; Emergency Department, Wrexham Maelor Hospital</td>
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<td>‘Aiming High’: Aconcagua 2014</td>
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<td>6.45pm</td>
<td>Dinner in the Blue Lounge, Llyndir Hall Hotel</td>
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**POSTER PRESENTATIONS**

1. **Title:** Development of a Zoledronate database with clinical and audit/quality improvement functionality - a technology exercise and re-audit from a quality improvement project  
   **Authors:** C Allman, M Ammori, N Khan, L Bromilow, S Vasireddy. Department of Rheumatology, Bolton NHS Foundation Trust, Bolton

2. **Title:** Survey of patients switching to IV Zoledronate for osteoporosis suggests better information delivery may be needed - results from a quality improvement project  
   **Authors:** Jane Stratton, Laura Bromilow, Sreekanth Vasireddy. Department of Rheumatology, Bolton NHS Foundation Trust, Bolton

3. **Title:** Secondary Perniosis in Psoriatic Arthritis with concurrent myelodysplasia and monoclonal gammopathy  
   **Authors:** P O’Beirn, Z McLaren. Wrexham Maelor Hospital, BCUHB, Wrexham

4. **Title:** Subcutaneous Methotrexate: are there savings to be made?  
   **Authors:** Saajan Radia¹, Elizabeth MacPhie². ¹University of Manchester, Manchester, ²Lancashire Care NHS Foundation Trust, Preston

5. **Title:** FibroScan in the detection of early liver fibrosis in rheumatology patients treated with Methotrexate  
   **Authors:** M Alachkar, T Mathialahan, S Walsh, V Lim. Wrexham Maelor Hospital, BCUHB, Wrexham

6. **Title:** Takayasu’s arteritis and ankylosing spondylitis in a 21 year old female  
   **Authors:** Gangarathna Krishna, Julie Dawson, Nabile Mohsin. St Helens and Knowsley Hospitals NHS trust, St Helens

7. **Title:** Neutropenia in our rheumatology patients on DMARDS and biologics  
   **Authors:** Gangarathna Krishna, Rikki Abernethy. St Helens and Knowsley hospitals NHS trust, St Helens

8. **Title:** Can creatine supplementation improve body composition and objective physical function in rheumatoid arthritis patients? A randomised controlled trial  
   **Authors:** Thomas James Wilkinson¹, Andrew Bruce Lemmey¹, Fazal Sheikh², Yasmeen Ahmad³, Sarang Chitale⁴, Jerry Jones⁵, Peter Maddison⁶, Thomas Daniel O’Brien⁷. ¹School of Sport, Health and Exercise Sciences, Bangor University, ²Peter Maddison Rheumatology Center, Llandudno Hospital, Betsi Cadwaladr University Health Board, Wales

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