

Professionalism and raising concerns

Interactive workshop for trainees

Spring 2023



Friday 19 May 2023

James Braid Suite, The Mere Resort, Knutsford, Cheshire, WA16 6LJ

Organisers: Dr Mia Rodziewicz & Dr Laura Chadwick

Agenda

09:00 – 09:15	Coffee and registration (poster set-up*) <i>(*if you are a poster presenter and attending morning and afternoon sessions, please feel free to set-up your poster on arrival)</i>
09:15 – 09:30	Welcome and housekeeping – Dr Mia Rodziewicz
09:30 – 09:50	Introduction to GMC outreach – Samantha Watson (GMC Regional Liaison Adviser)
09:50 – 11:00	Professionalism in action – Samantha Watson <i>Group task with real-world examples and video case studies with facilitated discussion, followed by an overview of the key ethical guidance</i>
11:00 – 11:30	Coffee break
11:30 – 13:00	Raising concerns, your duty as a doctor – Samantha Watson <i>Group task with real-world examples and video case studies with facilitated discussion followed by an overview of the ethics and law</i>
13:00 – 14:00	Lunch and networking

Faculty

Samantha Watson is a Regional Liaison Adviser for the GMC, covering North West England. This role involves working with partners to promote the work of the GMC, focusing on matters relating to standards, fitness to practice and revalidation. Samantha has worked at the GMC for seven years, previously working as an Assistant Registrar and Team Leader in Registration Investigations.

Coaching and Mentoring Skills

Interactive workshop for educators

Spring 2023



Friday 19 May 2023

James Braid Suite, The Mere Resort, Knutsford, Cheshire, WA16 6LJ

Organiser: Dr Audrey Low

09:00 – 09:15	Coffee and registration (poster set-up*) <i>(*if you are a poster presenter and attending both sessions, please feel free to set-up your poster on arrival)</i>
09:15 – 09:30	Welcome and housekeeping – Dr Audrey Low
09:30 – 11:00	Introduction to coaching and mentoring – Dr Sarah Coope
11:00 – 11.30	Coffee break
11:30 – 13:00	Developing skills in active listening, supportive and challenging questioning, building rapport – Dr Sarah Coope
13:00 – 14:00	Lunch and networking

Objectives

- Describe the similarities and differences between coaching and mentoring approaches.
- Apply a coaching model to structure coaching conversations.
- Develop enhanced skills including active listening, supportive and challenging questioning techniques, reframing and developmental feedback.
- Build rapport and respectfully challenge assumptions, perceptions and limiting beliefs to enable wider perspectives and generate more options.

Faculty - Dr Sarah Coope

Sarah qualified as a doctor in 1998 and has a strong background in clinical, education, coaching and leadership roles in healthcare. She was a GP for 20 years and, during the last 10 years of that time, gained extensive experience in developing and delivering communication and professional skills training for doctors, at all stages of their careers and across specialties.

Sarah has been involved in providing regular training for junior doctors through Health Education England and also for Medical Protection Society members globally, through creating learning activities with the aim of reducing medico-legal risk and enhancing clinician professionalism and wellbeing.

She is also a qualified appraiser, coach, mentor and accredited mediator, working with clinicians and managers in a variety of healthcare settings, in order to identify the root cause of issues & challenges faced and has received consistent feedback about her supportive, intuitive approach and creation of a psychologically safe space for effective problem-solving and implementation.

She has held leadership roles as Named GP Safeguarding Children for Hull CCG, Clinical Director PCN and recently at RCOG as Director of Education.

This meeting is sponsored by UCB

North West Rheumatology Club

Spring 2023 Meeting

James Braid Suite, The Mere Resort, Knutsford, Cheshire, WA16 6LJ

Friday 19 May 2023

Hosts:

Prof H Chinoy, Prof W Dixon, Dr B Harrison, Dr M Hughes, Dr M Jani
 Dr S Kamath, Dr A Low, Prof O'Neill, Dr M Samaranayaka
 Salford Royal Hospital
 Northern Care Alliance NHS Foundation Trust

Organising committee:

Dr Audrey Low, Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust
 Dr Jennifer Nixon, Countess of Chester Hospital NHS Foundation Trust

Agenda

Time	Activity
1300 – 1400	Registration and poster presentations / judging <i>(Poster judging from 1330 – 1400)</i>
1400 – 1410	Welcome and housekeeping – Dr Audrey Low
1410 – 1510	Oral presentations
1510 – 1530	Update on educational supervisor's report – Drs J Nixon & R Gorodkin
1530 – 1600	Poster presentations / judging and refreshments
1600 – 1630	Interactive case presentations (audience vote using sli.do)
1630 – 1700	Guest presentation – Professor Will Dixon
1700 – 1730	Business meeting & presentation of prizes
1800	Dinner

Oral presentations 1410-1510

(8mins + 2mins questions)

1410: Genetically predicted eosinophil count is associated with increased rheumatoid arthritis susceptibility

Timothy Chong¹, Rajesh Gopalarathinam², David Hughes³, Sizheng Steven Zhao⁴

1.University of Manchester, School of Biological Sciences, Faculty of Biological Medicine and Health, Manchester, United Kingdom. 2.Southport and Formby District General hospital, Division of Rheumatology, Southport, United Kingdom. 3.University of Liverpool, Department of Health Data Science, Liverpool, United Kingdom. 4.University of Manchester, Centre for Epidemiology Versus Arthritis, Division of Musculoskeletal and Dermatological Science, School of Biological Sciences, Faculty of Biological Medicine and Health, Manchester, United Kingdom.

Job role: Medical student

1420: Non-trough Adalimumab and Etanercept drug levels cut-offs associated with therapeutic EULAR and PsARC response in Psoriatic Arthritis

Philippa Curry¹, R.M.Hum^{1,2,3}, A P. Morris^{1,2}, A Barton^{1,2}, J Bluett^{1,2}.

1.Versus Arthritis Centre for Genetics and Genomics, Centre for Musculoskeletal Research, The University of Manchester, United Kingdom. 2.NIHR Manchester Biomedical Research Centre, Central Manchester NHS Foundation Trust, Manchester Academic Health Science Centre, United Kingdom. 3.Kellgren Centre for Rheumatology, Manchester Royal Infirmary, Manchester University NHS Foundation Trust, University of Manchester, United Kingdom

Job role: PhD student

1430: Type I interferon is raised across connective tissue diseases and is associated with haematological abnormalities and specific autoantibodies

Anastasia Madenidou^{1,2}, GI Rice^{3,4}, TA Briggs^{3,4}, S Dyball^{1,2}, B Parker², IN Bruce^{1,2}

1.Centre for Musculoskeletal Research, The University of Manchester, Manchester, UK. 2.The Kellgren Centre for Rheumatology, Manchester University Hospitals NHS Foundation Trust, Manchester, UK. 3.Division of Evolution, Infection and Genomic Sciences, School of Biological Sciences, Faculty of Biology, Medicine and Health, University of Manchester, Manchester, United Kingdom. 4.Manchester Centre for Genomic Medicine, Saint Mary's Hospital, Manchester University Hospitals NHS Foundation Trust, Manchester, UK.

Job role: Clinical research fellow

1440: Harnessing high throughput multiplex immunoassays and protein association networks to identify diagnostic protein biomarkers of Rheumatoid Arthritis-cardiovascular disease (RA-CVD) multimorbid axis.

Rudresh Shukla^{1,2,3}, Nicholas Black^{3,4}, Christopher Miller^{4,5,6}, Sven Plein⁷, Darren Plant^{1,3}, Maya H. Buch^{1,2,3}

1. Centre for Musculoskeletal Research, University of Manchester, UK. 2.NIHR Biomedical Research Centre, Manchester University NHS Foundation Trust, UK. 3.Division of Musculoskeletal and Dermatological Sciences, University of Manchester, UK. 4.Division of Cardiovascular Sciences, University of Manchester,

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UK. 5. Manchester University NHS Foundation Trust, Manchester Academic Health Science Centre, UK. 6. Wellcome Centre for Cell-Matrix Research, Division of Cell-Matrix Biology & Regenerative Medicine, University of Manchester, UK. 7. Multidisciplinary Cardiovascular Research Centre (MCRC) and Leeds Institute of Cardiovascular and Metabolic Medicine, University of Leeds, UK

Job role: Clinical research fellow

1450: The influence of deprivation in the outcomes of Psoriatic Arthritis within the UK - utilising Outcomes of Treatment in Psoriatic Arthritis Study Syndicate data

Max Lyon¹, S Zhao¹, A Barton¹, H Chinoy¹, M Jani¹, J Bluett¹

1. University of Manchester

Job role: Academic clinical fellow

1500: Subgroups of refractory rheumatoid arthritis and difficult to treat features highlight differences in comorbidity and smoking history - a single centre observational study

Yvonne Tan^{*1,2,3}, George Rogers^{*4}, Rudresh Shukla^{1,2,3}, Rachel Gorodkin¹, Jennifer Humphreys^{1,2}, Anne Barton^{1,2,3}, Kimme Hyrich^{1,2,3}, Ellen Bruce¹, Pauline Ho¹, Maya H. Buch^{1,2,3} (*shared 1st author)

1. Kellgren Centre of Rheumatology, Manchester University NHS Foundation Trust. 2. Centre for Musculoskeletal Research, University of Manchester. 3. NIHR Manchester Biomedical Research Unit, Manchester University NHS Foundation Trust. 4. University of Manchester School of Medicine

Job role: Dr Y Tan (Specialist registrar) & Mr G Rogers (medical student)

Educator and trainee update 1510-1530

(10 mins + 10mins Q&A)

Update on the Educational Supervisor's Report

Speakers: Drs Rachel Gorodkin and Jenny Nixon. Both are training programme directors of the North West and Mersey deaneries respectively for rheumatology higher specialist training and are also consultant rheumatologists.

Interactive case presentations 1600-1630

(6 mins + 2mins questions)

1600: Scalp necrosis: uncommon cutaneous manifestation of a systemic disease

Giovanni Firpo¹, G Jones¹, L Stewart², J Christie¹

1. RLBUHT, Rheumatology Department, 2. RLBUHT, Dermatology Department

Job role: Internal medicine trainee year 2

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1608: Appearance matters. A rare cause of neuroinflammation.

Zoe Syrimi¹, Z Solim¹, K Putschakayala¹

1.Rheumatology Department, Mid Cheshire Hospitals NHS Foundation Trust

Job role: ST4 trainee

1616: Enough to Tick all the boxes?

Thomas Khoo^{1,2,3}, A Chin⁴

1. Department of Rheumatology, Salford Royal NHS Trust, Salford, United Kingdom. 2. Centre for Musculoskeletal Research, Faculty of Biology, Medicine and Health, The University of Manchester, Manchester, United Kingdom. 3. School of Medicine, Faculty of Health and Medical Sciences, University of Adelaide, South Australia, Australia. 4. Central Adelaide Local Health Network, South Australia, Australia

Job role: International clinical fellow

1624: Audience vote and Winner

Guest speaker 1630 – 1700

Title: Smartphones to support clinical care and research

Presenter: Prof William Dixon

Will is a Professor of Digital Epidemiology at the University of Manchester and Director of the Centre for Epidemiology Versus Arthritis. He is also a practicing consultant rheumatologist at Salford Royal Hospital. His research interests are using digital health data for population health research, collected from both clinicians and patients.

Poster presentations

(Poster judging between 1330-1400 and 1530-1600)

No.	Title & Authors Key: <u>Presenting author</u>
1.	Beliefs and perception of exercise in patients with rheumatic and musculoskeletal diseases <u>Nasimah Maricar</u> ^{1,2,3} , David T ⁴ , Barton A ^{4,5} , Hyrich K ^{4,5} 1.Northern Care Alliance NHS Group, Salford Care Organisation, Manchester, UK. 2.Arthritis Research UK Epidemiology Unit, University of Manchester, Manchester, UK. 3.Department of Health Professions, Manchester Metropolitan University, Manchester, UK. 4.Kellgren Centre of Rheumatology, Manchester University NHS Foundation Trust, Manchester, UK. 5.NIHR Manchester Biomedical Research Centre, Manchester Academic Health Science Centre, Manchester, UK Job role: Allied health professional

No.	Title & Authors Key: <u>Presenting author</u>
2.	<p>Comparing clinical characteristics of difficult-to-treat and early rheumatoid arthritis patients: a retrospective analysis</p> <p><u>Yvonne Tan</u>^{*1,2,3}, <u>Clarine Chow</u>^{*4}, Rudresh Shukla^{1,2,3}, Anne Barton^{1,2,3}, Ellen Bruce¹, Rachel Gorodkin¹, Kimme Hyrich^{1,2,3}, Pauline Ho¹, Maya H Buch^{1,2,3} (*shared 1st author)</p> <p>1. Kellgren Centre of Rheumatology, Manchester University NHS Foundation Trust. 2. Centre for Musculoskeletal Research, University of Manchester. 3. NIHR Manchester Biomedical Research Unit, Manchester University NHS Foundation Trust. 4. University of Manchester School of Medicine</p> <p>Job role: Specialist registrar</p>
3.	<p>A Quality Improvement Project on Improving Rituximab Re-listing Process at the Kellgren Centre</p> <p><u>Alice Storr</u>¹, Megan O'Donovan¹, Charlotte Sharp¹</p> <p>1.The Kellgren Centre for Rheumatology, Manchester Royal Infirmary</p> <p>Job role: Foundation year 2 doctor</p>
4.	<p>Improving GCA pathway outcomes</p> <p><u>Taqdees Suhail</u>¹, Jennifer Christie¹</p> <p>1.The Royal Liverpool and Broadgreen University Hospital, Liverpool</p> <p>Job role: ST4 Rheumatology trainee</p>
5.	<p>A case of sudden onset periorbital oedema with a rash in a black woman initially misdiagnosed as an allergic reaction</p> <p><u>Jacob Williams</u>¹, R_Hum^{1,2}, P Ho^{1,2}</p> <p>1.The Kellgren Centre for Rheumatology, Manchester Royal Infirmary, Manchester University NHS Foundation Trust, Manchester, United Kingdom. 2.Centre for Musculoskeletal Research, The University of Manchester, Manchester, United Kingdom</p> <p>Job role: Foundation year 2 doctor</p>
6.	<p>A Case of Multisystem Inflammatory Syndrome in Adults (MIS-A) – A new diagnosis rheumatologists need to be aware of?</p> <p><u>Annie Cheung</u>¹, M Samaranayaka¹, O Osazenomwan¹, M Al-Attar¹, M Whitehead¹, I Bruce², P Riley²</p> <p>1. Salford Royal Foundation Trust. 2. Manchester University NHS Foundation Trust</p> <p>Job role: ST6 trainee</p>
7.	<p>One Antibody Associated with a Number of Clinical Phenotypes: Two sides of the Same Coin</p> <p><u>Seema Sharma</u>¹, A Storr¹, M O'Donovan¹, S Greenhalgh¹, R Hum¹, A Butterworth¹, A Babiker¹, P Ho¹, Y Chiu¹, R Patel¹</p> <p>1.Manchester Royal Infirmary, Manchester</p> <p>Job role: ST5 trainee</p>