

North West Rheumatology Club Winter Meeting 2025

Friday 5 December 2025

Hyatt Regency, Manchester, M15 6PQ

Hosts: Dr Jayne Little and colleagues from Stockport NHS Foundation Trust

Organising committee:

Dr Audrey Low, Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust
Dr Jennifer Nixon, TPD Mersey Deanery, Countess of Chester Hospital NHS Foundation Trust
Dr Rachel Gorodkin, TPD NW Deanery, Manchester Royal Infirmary
Dr Mia Rodziewicz, StR representative NW deanery
Dr Taqdees Suhail, StR representative Mersey deanery

Afternoon scientific meeting

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|----------------------|---|
| 13:30 – 14:00 | Poster viewing & judging I / registration for scientific session
<i>(poster presenters to stand beside posters at 1340-1400)</i> |
| 14:00 – 14:15 | Welcome and housekeeping PM – Dr Audrey Low & Dr Jenny Nixon |
| 14.15 – 15:15 | Oral presentations |
| 15:15 – 15:45 | Coffee break / Poster viewing & judging II
<i>(poster presenters to stand beside posters at 1530-1600)</i> |
| 15:45 – 15:50 | Judges' final deliberations <i>(poster presenters to remove posters from boards)</i> |
| 15:50 – 16:25 | Interactive case presentations (audience vote using sli.do) |
| 16:40 – 17:30 | Guest speaker – Professor Bhaskar Dasgupta MBE
<i>“Polymyalgia Rheumatica – Giant Cell Arteritis disease spectrum”</i> |
| 17.30– 17:45 | Business meeting (incl BSR regional update) & presentation of prizes |
| 18:00 | Drinks followed by dinner |

Learning objectives

1. To identify key areas of research and up to date clinical evidence in rheumatology.
2. To review and debate the management of specific rheumatic disorders through interactive cases and poster presentations.

This meeting is sponsored by Theramex and medac pharma LLP

Speaker biography

Professor Dasgupta is a foremost exponent on giant cell arteritis (GCA), polymyalgia rheumatica (PMR), and ultrasonography. He has been a visiting Professor in the Medical Technology Research Centre at Anglia Ruskin University (ARU) for several years and is currently leading on several research projects on GCA and PMR including a landmark Delphi survey with Dr Dan Robbins to develop the GCA PMR spectrum. A future Biobank study on GCA and PMR is being developed.

Professor Dasgupta was awarded an MBE in the 2015 New Year Honours List for services to people with giant cell arteritis and polymyalgia rheumatica. He won the 2016 British Society for Rheumatology Outstanding Best Practice Award for the fast track GCA pathway, awarded and hosted the British Society for Rheumatology Travelling Fellowship from 4-8 July 2016, and was mentioned in Parliament by Sir David Amess on 21 July 2016.

This meeting is sponsored by Theramex and medac pharma LLP

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Oral presentations 1415 – 1515

(8mins + 2mins questions)

1415-1425

Early Vascular Changes in a paediatric CTD cohort – results from LEAP

Catinca Ciuculete¹, Sarah Dyball¹, Sandhya Govindarajan², Benjamin Parker¹, Ian N Bruce¹, Alice Chieng^{1,2}

1.Kellgren Centre for Rheumatology, Manchester University Foundation Trust
2.Royal Manchester Children's Hospital

Job title: F2 doctor

1425-1435

Investigating treatment response heterogeneity in psoriatic arthritis patients from the OUTPASS study

David Chong¹, Moshiur Khasru¹, Stephanie Shoop-Worrall², Anne Barton^{1,3}, Hector Chinoy^{1,2}, Meghna Jani^{2,3}, James Bluett^{1,3} on behalf of OUTPASS study syndicate

¹Centre for Genetics and Genomics Versus Arthritis, The University of Manchester, Manchester, UK,
²Centre for Epidemiology Versus Arthritis, The University of Manchester, Manchester, UK,
³NIHR Manchester Biomedical Research Centre, Manchester University Foundation Trust, Manchester, UK

Job title: IMT2 doctor

1435-1445

Utilisation of the Giant Cell Arteritis Probability Score (GCAPS) and temporal artery ultrasound (TAUS) guiding referrals for temporal artery biopsies (TAB): Experience from a district general hospital.

Mikaash Halai, S Wig
Bolton NHS Foundation Trust

Job title: Medical SHO

1450-1455

Comparison of GCA Probability Scoring Between Rheumatologists and Non-Rheumatologists

Q Akram¹, Anushka Nadeem², B Asfand-E-Yar³

¹Stockport NHS Foundation Trust

²Warrington and Halton Hospitals NHS Trust

³ Calderdale and Huddersfield NHS Foundation Trust

Job title: FY1 doctor

1455-1505

Does The 2023 Idiopathic Inflammatory Myopathy Cancer Screening Guideline Enable Accurate Risk Stratification? Results from 13 International Cohorts

Daniel Smith^{1, 2, 3,}, Hector Chinoy^{1, 2, 3,}, Rohit Aggarwal⁴ and Alexander Oldroyd^{1, 2, 3}

1. National Institute for Health Research Manchester Biomedical Research Centre, Manchester University NHS Foundation Trust, University of Manchester, Manchester, UK.

2. Department of Rheumatology, Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust, Manchester Academic Health Science Centre, Salford, UK.

Centre for Musculoskeletal Research, Faculty of Biology, Medicine and Health, University of Manchester, Manchester, UK.

3. Myositis Center and Division of Rheumatology and Clinical Immunology, Department of Medicine, University of Pittsburgh School of Medicine, Pittsburgh, PA, USA

Job title: Junior Clinical Fellow

1505-1515

SSRI-ously Weak: A Case of Severe Myopathy with Sertraline Use / A maddening cause of weakness: sertraline induced multiple acyl-CoA dehydrogenase deficiency

Nikola Wilk^{*1}, Martin Regan^{*1}, H Chinoy^{3,4}, YH Chiu², P Ho^{2,4}, J Lilleker^{5,6}

*equal contribution

¹ Department of Medicine, Division of Rheumatology, The Ottawa Hospital, University of Ottawa, Ottawa, ON, Canada.

² The Kellgren Centre for Rheumatology, Manchester Royal Infirmary, Manchester University NHS Foundation Trust, Manchester, United Kingdom

³ National Institute for Health Research Manchester Biomedical Research Centre, Manchester University NHS Foundation Trust, The University of Manchester, Manchester, UK

⁴ Department of Rheumatology, Salford Royal NHS Foundation Trust, Manchester Academic Health Science Centre, Salford, UK

⁵ Centre for Musculoskeletal Research, Division of Musculoskeletal and Dermatological Sciences, School of Biological Sciences, Faculty of Biology, Medicine and Health, Manchester Academic Health Science Centre, The University of Manchester, Manchester, UK.

⁶ Manchester Centre for Clinical Neurosciences, Salford Royal NHS Foundation Trust, Salford, UK.

Job titles: Wilk (International clinical fellow), Regan (Clinical research fellow)

Interactive case presentations 1550 - 1625

(6 mins + 2mins questions)

1550 – 1558

Acute Pancreatitis Unveiling Systemic Lupus Erythematosus: A Case of Rapid Multiorgan Involvement

Halah Al-Dubbaisi, L Das

Manchester University Foundation Trust

Job title: IMT3 trainee

1558 – 1606

A Case of Lupus Flare

Bayan Baniissa^{1,2}, Yee Chiu¹, Rachel Gorodkin¹, Pauline Ho^{1,3}

1. The Kellgren Centre for Rheumatology, Manchester Royal Infirmary, Manchester University NHS Foundation Trust

2. Department of Internal Medicine, Faculty of Medicine, Jordan University of Science and Technology, Irbid, Jordan

3. Manchester Academic Health Science Centre

Job title: Senior Clinical Fellow

1606-1614

Beyond the Usual Suspects: Uncommon Presentations of Systemic Inflammation

Mirza Badarulla, Lee-Suan Teh

East Lancashire Hospitals NHS Trust

Job title: StR rheumatology

1614-1622

Silent Skin, Active Disease

Natassja Moriarty^{*1}, Thivya Dharshini V Vadiveloo^{*1}, Fathelrahman Osman¹, Katherine Nelson¹, Rosalind Benson²

1. Department of Rheumatology, Broadgreen Hospital, Liverpool

2. Department of Rheumatology, Aintree University Hospital, Liverpool

*Joint first authors/equal contribution

Job title: Both joint first authors are IMT3 trainees

Guest speaker 1640– 1730

Prof Bhaskar Dasgupta

Poster presentations

(Poster judging between 1340-1400 and 1530-1600)

	Title & Authors Key: Presenting author
1.	<p>Doxepin Cream: An Effective Treatment Approach for Erythromelalgia</p> <p><u>Celia Ziane</u>¹, Jennifer Christie²</p> <p>1. Countess of Chester Hospital 2. Liverpool University Teaching Hospitals</p> <p>Job title: F1 resident doctor</p>
2.	<p>Cutaneous Vasculitis in Rheumatoid Arthritis</p> <p><u>Nishita Padmanabhan</u>, Azri Nache, Rosalind Benson</p> <p>NHS University Hospitals of Liverpool Group</p> <p>Job title: Rheumatology registrar</p>
3.	<p>MDA Matters: A Treat-To-Target QIP in Psoriatic Arthritis</p> <p>Catinca Ciuculete¹, <u>Hannah Cooney</u>¹, Pauline Ho^{1,2}</p> <p>1. The Kellgren Centre for Rheumatology, Manchester Royal Infirmary, Manchester University NHS Foundation Trust 2. Manchester Academic Health Science Centre</p> <p>Job title: IMT1 doctor</p>
4.	<p>A quality improvement project to improve rheumatology triage</p> <p><u>Martin Regan</u>¹, Uswa Shahzad¹ C Sharp^{1,2}</p> <p>1. The Kellgren Centre for Rheumatology, Manchester Royal Infirmary, Manchester University NHS Foundation Trust + Division of Musculoskeletal 2. Dermatological Sciences & Applied Research Collaboration Greater Manchester, The University of Manchester</p> <p>Job title: Clinical research fellow</p>

5.	<p>Screening for depression and anxiety disorders in patients with systemic sclerosis: a high burden of unmet need and clinical utility of abbreviated PHQ-2 and GAD-2 questionnaires</p> <p>Sarah Blackshaw¹, Joanne Manning², Paul New², Elizabeth Wragg², Muditha Samaranayaka², Graham Dinsdale², <u>Michael Hughes</u>^{2,3,4}</p> <ol style="list-style-type: none"> 1. Betsi Cadwaladr University Health Board, North Wales, UK. 2. Department of Rheumatology, Northern Care Alliance NHS Foundation Trust, Salford Care Organisation, Salford, UK. 3. NIHR Manchester Biomedical Research Centre, Manchester University NHS Foundation Trust, Manchester, UK. 4. Centre for Musculoskeletal Research, Division of Musculoskeletal and Dermatological Science, School of Biological Sciences, Faculty of Biological Medicine and Health, The University of Manchester, Manchester Academic Health Science Centre, Manchester, UK <p>Job title: Consultant rheumatologist</p>
6.	<p>Investigating the use of AI to identify osteoporotic vertebral fractures on routinely generated lumbar spine DEXA scan</p> <p><u>Hamzah Amin</u>¹, Andre Mariucci², Marwan Bukhari^{1,3}</p> <ol style="list-style-type: none"> 1. Lancaster Medical School 2. Lancaster University Faculty of Computer Science 3. Royal Lancaster Infirmary <p>Job title: Medical student</p>
7.	<p>Is there a role for advanced cardiovascular imaging in rheumatic diseases?</p> <p><u>Leher Gumber</u>¹, MA Meghji¹, V Kakkar², K Sivasankaran³, ZM Iftikhar⁴, N Elindari⁴, C Talbot^{5,6}, LA Bissell², J Heaney⁴, J Reynolds^{5,6}, MH Buch⁷.</p> <ol style="list-style-type: none"> 1 Manchester University NHS Foundation Trust, Manchester, UK. 2 Leeds Biomedical Research Centre, National Institute for Health Research, Leeds Teaching Hospital NHS Trust, Leeds, UK. 3 Northumbria Healthcare NHS Foundation Trust, Newcastle upon Tyne, UK. 4 Rheumatology Department, Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle upon Tyne, UK. 5 Institute of Inflammation and Aging, University of Birmingham, Birmingham, UK. 6 Rheumatology Department, Sandwell and West Birmingham NHS Trust, Birmingham, UK. 7 Centre for Musculoskeletal Research, University of Manchester, Manchester, UK. <p>Job title: ST4 rheumatology</p>
8.	<p>Anti-HMGCR immune mediated necrotising myopathy: A case series of 24 patients diagnosed in University Hospitals of Liverpool Group.</p> <p><u>Alex Chandy</u>, H.Chaudhary, N.Goodson, R.Benson, C.Cotton University Hospitals of Liverpool Group</p> <p>Job title: ST5 rheumatology and GIM trainee</p>

9.	<p>Investigating the prevalence of rheumatoid arthritis in the UK Biobank experience of pain questionnaire cohort</p> <p><u>Raabia Farooq</u>^{1,2}, J Humphreys^{1,3,4}, C Woolley¹</p> <p>1. Centre for Epidemiology Versus Arthritis and Centre for Musculoskeletal Research, Division of Musculoskeletal and Dermatological Sciences, The University of Manchester, UK 2. Manchester University NHS Foundation Trust, Cobbett House, Oxford Road, Manchester 3. NIHR Manchester Biomedical Research Centre 4. Kellgren Centre for Rheumatology, Manchester University Foundation Trust</p> <p>Job title: FY2 doctor</p>
10.	<p>Genetically informed search for potential osteoarthritis drug targets across the proteome</p> <p><u>Weijie Liu</u>¹, Benjamin P. Zuckerman^{1,2}, Art Schuermans^{3,4,5}, Gisela Orozco^{6,7}, Michael C. Honigberg^{4,5,8}, John Bowes^{6,7}, Terence W O'Neill^{1,7*}, Sizheng Steven Zhao^{1,7*}</p> <p>1. Centre for Musculoskeletal Research, Division of Musculoskeletal and Dermatological Science, School of Biological Sciences, Faculty of Biological Medicine and Health, The University of Manchester, Manchester Academic Health Science Centre, Manchester, UK 2. Centre for Rheumatic Diseases, King's College London, London, UK 3. Faculty of Medicine, KU Leuven, Leuven, Belgium 4. Program in Medical and Population Genetics, Broad Institute of MIT and Harvard, Cambridge, MA, USA 5. Center for Genomic Medicine, Massachusetts General Hospital, Boston, MA, USA 6. Centre for Genetics and Genomics Versus Arthritis, Division of Musculoskeletal and Dermatological Sciences, School of Biological Sciences, Faculty of Biology, Medicine and Health, The University of Manchester, Manchester, UK 7. NIHR Manchester Biomedical Research Centre, Manchester University NHS Foundation Trust, Manchester, UK 8. Department of Medicine, Harvard Medical School, Boston, MA, USA *Contributed equally</p> <p>Job title: PhD student</p>